

The School District of Palm Beach County, Florida
School Food Service Department

Middle School Approved A La Carte Beverages for SY 2013-2014

Beverage	SFS Item #	Size	Meets	
			AHG	HUSSC
Sysco Food Bid				
Zephyrhills Water	2009	8 oz.	Y	Y
Zephyrhills Water	2008	16.9 oz.	Y	Y
Juice (Aseptic) – Juicy Juice Apple, Berry & Fruit Punch	2019 - ABC	4.23 oz.	Y	Y
V8 Fusion Pomegranate Blueberry Strawberry Banana Concord Grape	2035 A 2035 B 2035 C	8 oz.	Y	Y
Fruit 66 – 100% Fruit Juice Passion Fruit, Strawberry Melon, Tropical Fruit Punch	2037 ABD	8 oz.	Y	Y
Gatorade G2 Grape, Glacier Freeze, Orange, Berry Clear	2022 ABCD	12 oz.	N	N
Arizona Iced Tea Lemon, Raspberry, Green Tea	2014 ABC	11.5 oz.	N	N
Island Oasis Smoothie Assorted Flavors	See MO in WebSmartt	10 oz.	N	N
Borden Dairy Company of Florida				
Milk Skim Fat Free Chocolate 1% Low Fat Unflavored	4467 4470 4492	8 oz. 8 oz. 8 oz.	Y Y Y	Y Y Y
M&B				
Juice Assorted Juice Flavors	See Order Form	4 oz.	Y	Y
Snapple 100% Juiced Assorted Flavors (<i>Regular</i>)	2069	11.5 oz.	N	N

Alliance For A Healthier Generation’s Guidelines

- ☞ Water in any size container
- ☞ ≤ 10 oz. milk and juice
- ☞ ≤ 150 cal/8 oz. fat-free or low-fat milk
- ☞ ≤ 120 cal/8 oz. 100% juice (NO added sweeteners) **AND** 10% DV for 3 micronutrients

Healthier US School Challenge

- ☞ Milk serving is limited to 8 oz.
- ☞ Fruit and Vegetable juices. 100% full strength with no sweeteners or non-nutritive sweeteners
 - ≤ 6 ounces
- ☞ Water (non-flavored, non-sweetened, non-carbonated, non-caffeinated, without non-nutritive sweeteners)

DISCLAIMER: The intention of The School District of Palm Beach County’s School Food Service Department is to transition the sale of all a la carte beverages to align with the Alliance for a Healthier Generation’s Beverage Guidelines. Please note that although some beverages may not meet the AHG guidelines, all beverages listed on this document are **approved for purchase.**